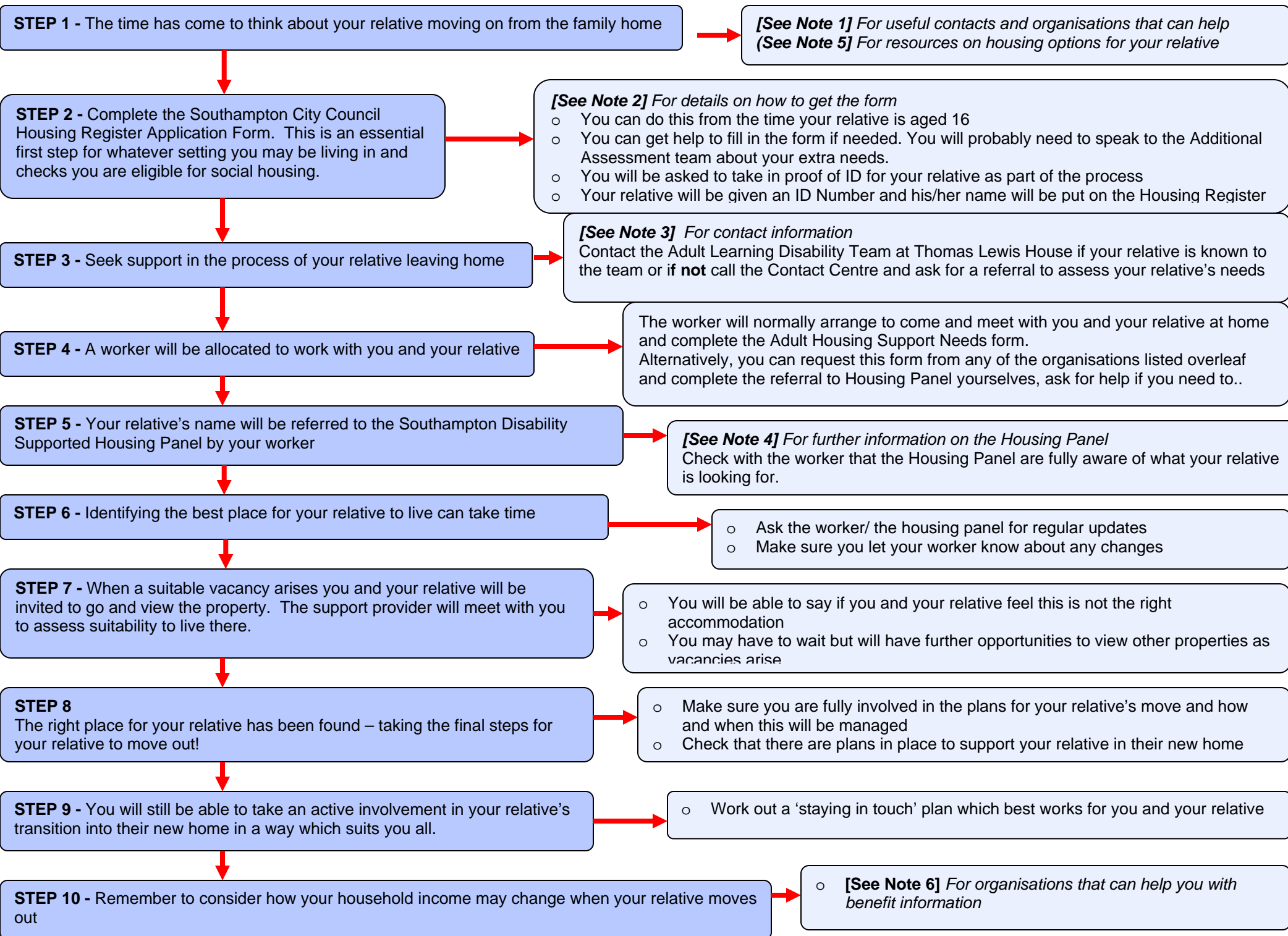


## A Carer's Ten Step Guide to their Relative with a Learning Disability Leaving Home



**NOTE 1**

**Useful Contact Numbers and organisations that may be able to help:-**

Southampton Mencap – Support for Carers - call **02380 584088** or go to <http://www.southamptonmencap.org/>

Choices Advocacy for people with Learning Disabilities – call **02380 337735** or go to <http://www.choices-advocacy.org.uk/>

PCP – Person Centred Planning Co-ordinator – Phone: Pete Collins on **07870 509539**

**NOTE 2**

**You can get help to complete the Housing Register Application Form**

- By calling:- Gateway One Stop Shop to book an appointment on **023 8083 2166**  
Or you can collect the form from:-
- Gateway (1 Guildhall Square) or your Local Housing Office or  
(see <http://www.southampton.gov.uk/living/housing/tenants/lhos.aspx> for locations of Local Housing Offices)  
Or you can print the form by going to:-  
[http://www.southampton.gov.uk/Images/Housing%20application%20form\\_tcm46-169415.pdf](http://www.southampton.gov.uk/Images/Housing%20application%20form_tcm46-169415.pdf)

**NOTE 3**

- Adult Learning Disability Team – Thomas Lewis House **023 80829 4420**
- Contact Centre - **023 8083 3003**
- If your relative needs only housing related support, you can apply direct to the Disabilities Housing panel without needing an assessment from Adult Services

**NOTE 4**

**A leaflet on the Housing Panel is available from:-**

<http://friendlypeople.co.uk/information/housing/>

**NOTE 5**

**You can find out more from:**

- 'Where You Can Live' booklet [http://friendlypeople.co.uk/uploads/meetings/Where\\_you\\_can\\_live\\_2010\\_\(2\).pdf](http://friendlypeople.co.uk/uploads/meetings/Where_you_can_live_2010_(2).pdf)  
'Finding a Place to Live'  
[http://www.housingoptions.org.uk/general\\_information/gi\\_publications\\_docs/valuing\\_people\\_now\\_publications/finding\\_a\\_place\\_to\\_live\\_2010.pdf](http://www.housingoptions.org.uk/general_information/gi_publications_docs/valuing_people_now_publications/finding_a_place_to_live_2010.pdf)
- Housing Options web site - [www.housingoptions.org.uk](http://www.housingoptions.org.uk) **0845 456 1497**

**NOTE 6**

**Benefit Information on Family Finances and how these may change is available from:-**

- Citizens Advice Bureau <http://www.adviceguide.org.uk/index.htm> or call **02380 223659**
- DAIN, Disability Advice & Information Network  
E Mail: [office@dainsouthampton.info](mailto:office@dainsouthampton.info) or call **023 8020 2653**