

"Person centred means that I get to plan my life the way I want. It doesn't mean that I have to do it on my own. It means that other people who I like and trust help me - on my terms"



It's about listening to you and learning about what you want from your life, and helping you to think about what you want now and in the future.

## Action



Thinking about having a plan?

Talk to Pete Collins  
Phil Orchard



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## Person Centred Planning

Planning with people who have learning disabilities.



What do I want?  
How will I get it?  
Who will help me?



College



Social life



Home



Relationships



Money



Job



What do I want?



Holidays



Sport



Health



New friends



Transport