

Person Centred Planning

Government White Paper

“Valuing People”

Services must use a person centred planning approach which listens to the desires and needs of people with learning disabilities, with support from their families and friends.



Person Centred Planning



What is Person Centred Planning?

It is a way of enabling people to work out what they want, the support they require and helping them to get it.

It has 5 Key features.

1. The Person is at the Centre



- Need to get to know the person
- Carefully listen in whatever way the person communicates
- Build up Trust.
- Process should reflect who joins the planning & where and when the meetings are held.

2. A Circle Of Support



- It brings together friends, family & professionals as equal partners in bringing knowledge and finding ways of creatively supporting the person to improve their life.

3. A Place in Their Community



- It states what is important to the person and what support they need to be involved in their community.
- It helps to build the person's place in the community & helps the person's community to welcome & help them.

4. Action Plans



- It is an ongoing process of working together to make changes that the person and those close to the person agree will make the quality of their life better.
- It needs to state what the person wants, who will help, how they will help and when it will happen.

5. Continual Learning, Listening & Action



- It should reflect what is possible and not just what is available now.
- It is a commitment to each person to continue to listen to them

Different Styles



The most common styles used in the UK are;

Essential Lifestyle Plans

MAPS

PATH

Personal Futures Planning

They are all based on the same principles and share the same key features.